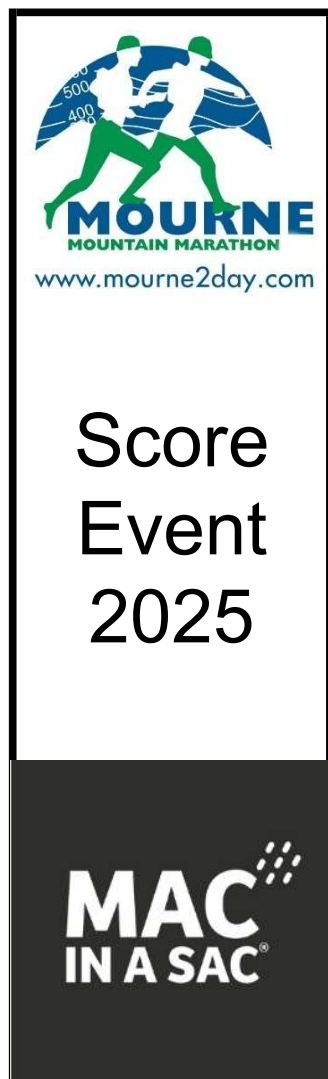


Mourne Mountain Marathon



Code	Description	Grid	Points
	Silent Valley, to NE of road end and buildings	307 215	START
101	Slight wall bend at 315m contour, W side	312 217	10
102	Track bend	316 228	10
103	Large boulder, E side, 330m contour	317 223	10
105	SW corner of Silent Valley reservoir	304 218	10
110	Boulder near track junction	320 255	10
120	Stream junction, S most	342 269	10
122	Track wall junction, corner of forest	334 242	10
123	Track junction	340 230	10
126	Large boulder(s) close to top of crag	329 242	10
134	Small crag W side of river, at base	328 279	10
144	Wall junction	331 233	10
148	Stile	292 237	10
150	Track junction	336 250	10
104	Top of small spur, 360m contour	311 238	20
107	SE end of Ben Crom dam	315 254	20
118	Stream entering N end of Lough Shannagh	295 264	20
124	Sheepfold, S side of Hare's Gap	322 286	20
128	Small meander loop in stream	325 281	20
135	Wall crosses shoulder (highest point)	300 228	20
136	Top of re-entrant, just N of crag	302 240	20
138	Boulder	322 250	20
145	Wall junction	322 236	20
146	Stream junction	306 264	20
115	2 boulders (small tors), E most	343 280	30
116	Base of crag, in corner at top of grassy slope	347 267	30
131	Stream wall junction	288 252	30
137	Boulder, SW most of 2, close to track	334 265	30
141	Track junction S of large slabby quarry	349 249	40
147	Wall bend near 641m top, S side	337 286	40
111	Wall meets E side of main tor, N side of wall	315 282	50
143	Binnian North Tor, SW side of main tor	319 245	50
F1	Tapes/signs to finish from 123	345 228	FINISH

Total Points 630

Punch at Finish and Download

Time Limit 6 Hours.

Penalty of 2pts deducted per minute over 6 hours for the first 15 minutes, 5pts per minute deducted thereafter.

Markers to be visited by both team members.

All retirements to be reported as soon as possible. Phone 07845 659 503