MOURNE MOUNTAIN MARATHON
www.mourne2day.com
2024

Elite Day 1

28.4km / 1680m

Code		Description	Grid	
START		Wall meets lane (double gates)	287 219	
144	1	Small spur S of track bend/end	294 215	
146	2	Stile	292 224	
118	3	Stream exits lough	325 243	
106	4	E end of larger crag	332 268	
143	Any order	Stream junction	323 279	
122	Any order	Sheepfold, S side of Hare's Gap	322 286	
101	7	3 large boulders in line, middle one, bottom	312 279	
103	8	Summit tor, NW base	302 262	
104	9	N end of crag	283 255	
131	10	Wall meets minor road (stile)	270 253	Cut-off 18:00
124	11	Stream bend	266 248	
127	12	Re-entrant, top	255 249	
129	13	Old track bend	254 259	
123	14	Small crag, base	259 272	
149	Any order	Large boulder	241 277	
151	Any order	Boulder	242 273	
156	17	Fence/river junction, N side	236 272	
F1	FINISH	Follow signs and tapes to finish	235 274	
		Punch at finish and download		

All markers to be visited in sequence (by both team members) except where stated.
All retirements to be reported as soon as possible. Phone 07845 659 503

kane

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MAC IN A SAC

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2024

Elite Day 2

22.5km / 970m

Code		Description	Grid	
START		Track end (in field)	235 274	
137	1	Tornamrock, W top (S side of rock)	232 252	
138	2	Cross	220 236	
140	3	Track junction	219 222	Cut-off 12:00
132	4	Boulder just outside forest	217 213	
133	5	Broad re-entrant, middle	209 203	
128	6	Track junction/corner	202 189	
120	7	Small knoll, SE end	207 174	
135	8	Track bend	212 166	
150	9	Boulder (approx 4m long)	219 177	
153	10	Stream junction (in awkward gully)	232 184	
139	11	Stream junction	245 190	
136	12	Crag on small spur, NE side, base	255 198	
154	13	Sheepfold (hidden in dip)	260 199	
155	14	Fence meets road (gate)	265 200	
F2	FINISH	Follow road, tapes, signs to finish at Attical GAA	268 190	
		Punch at finish and download		

All markers to be visited in sequence (by both team members) except where stated.
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B Day 1

23.3km / 1190m

Code		Description	Grid	
START		Wall meets lane (double gates)	287 219	
144	1	Small spur S of track bend/end	294 215	
146	2	Stile	292 224	
130	3	Quarry hut	295 230	
147	4	River stream junction	297 239	
125	Any order	Track junction (vague)	303 258	
103	Any order	Summit tor, NW base	302 262	
143	7	Stream junction	323 279	
105	8	Re-entrant above crag line	308 285	
115	9	Stream bend, 465m contour	294 278	
108	10	Wall at foot of crag	284 260	
131	11	Wall meets minor road (stile)	270 253	Cut-off 18:00
134	12	Old track bend, NW most	262 259	
123	13	Small crag, base	259 272	
149	Any order	Large boulder	241 277	
151	Any order	Boulder	242 273	
156	16	Fence/river junction, N side	236 272	
F1	FINISH	Follow signs and tapes to finish	235 274	
		Punch at finish and download		

All markers to be visited in sequence (by both team members) except where stated.
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B Day 2

19.3km / 960m

Code		Description	Grid	
START		Track end (in field)	235 274	
145	1	S most tor, base	245 274	
129	2	Old track bend	254 259	
127	3	Re-entrant, top	255 249	
114	4	Small crag near wall, base	252 241	
110	5	Slanting re-entrant, middle part (flat grassy patch)	245 233	
126	6	Bridge at end of track (historic and overgrown)	226 235	
140	7	Track junction	219 222	Cut-off 14:30
117	8	Small pond/marsh, S side	226 216	
107	9	Pond (largest!)	244 217	
121	10	Little spur, top of N most crag	248 208	
113	11	Track junctions	241 198	
139	12	Stream junction	245 190	
136	13	Crag on small spur, NE side, base	255 198	
154	14	Sheepfold (hidden in dip)	260 199	
155	15	Fence meets road (gate)	265 200	
F2	FINISH	Follow road, tapes, signs to finish at Attical GAA	268 190	
		Punch at finish and download		

All markers to be visited in sequence (by both team members) except where stated.
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C Day 1

18.2km / 940m

Code	START	Description	Grid	
		Wall meets lane (double gates)	287 219	
144	1	Small spur S of track bend/end	294 215	
146	2	Stile	292 224	
130	3	Quarry hut	295 230	
147	4	River stream junction	297 239	
125	5	Track junction (vague)	303 258	
103	6	Summit tor, NW base	302 262	
104	7	N end of crag	283 255	
131	8	Wall meets minor road (stile)	270 253	Cut-off 16:00
124	9	Stream bend	266 248	
127	10	Re-entrant, top	255 249	
129	11	Old track bend	254 259	
123	12	Small crag, base	259 272	
149	Any order	Large boulder	241 277	
151	Any order	Boulder	242 273	
156	15	Fence/river junction, N side	236 272	
F1	FINISH	Follow signs and tapes to finish	235 274	
		Punch at finish and download		

All markers to be visited in sequence (by both team members) except where stated.
All retirements to be reported as soon as possible. Phone 07845 659 503

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C Day 2

15.8km / 770m

Code	START	Description	Grid	
		Track end (in field)	235 274	
141	1	Path junction on col	234 256	
126	2	Bridge at end of track (historic and overgrown)	226 235	
140	3	Track junction	219 222	Cut-off 13:00
117	4	Small pond/marsh, S side	226 216	
107	5	Pond (largest!)	244 217	
121	6	Little spur, top of N most crag	248 208	
113	7	Track junctions	241 198	
139	8	Stream junction	245 190	
136	9	Crag on small spur, NE side, base	255 198	
154	10	Sheepfold (hidden in dip)	260 199	
155	11	Fence meets road (gate)	265 200	
F2	FINISH	Follow road, tapes, signs to finish at Attical GAA	268 190	
		Punch at finish and download		

All markers to be visited in sequence (by both team members) except where stated.
All retirements to be reported as soon as possible. Phone 07845 659 503

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D Day 1

15.5km / 810m

Code		Description	Grid	
START		Wall meets lane (double gates)	287 219	
146	1	Stile	292 224	
142	2	Track crosses river, bridge	293 242	
103	3	Summit tor, NW base	302 262	
111	4	Stile at col	291 268	
108	5	Wall at foot of crag	284 260	
131	6	Wall meets minor road (stile)	270 253	Cut-off 17:00
109	7	Wall corner, top of Pigeon Rock	261 250	
129	8	Old track bend	254 259	
112	9	Cock, NE top	253 268	
145	10	S most tor, base	245 274	
156	11	Fence/river junction, N side	236 272	
F1	FINISH	Follow signs and tapes to finish	235 274	
		Punch at finish and download		

All markers to be visited in sequence (by both team members)
All retirements to be reported as soon as possible. Phone 07845 659 503

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2024

D Day 2

15.3km / 700m

Code		Description	Grid	
START		Track end (in field)	235 274	
152	1	Footbridge	242 256	
141	2	Path junction on col	234 256	
119	3	Pierce's Castle, N end, base of crag	234 239	
116	4	Path meets wall/fence	226 230	
140	5	Track junction	219 222	Cut-off 14:00
102	6	Wall bend near top of Shanlieve, S side	240 227	
148	7	Path junction, E most	254 209	
155	8	Fence meets road (gate)	265 200	
F2	FINISH	Follow road, tapes, signs to finish at Attical GAA	268 190	
		Punch at finish and download		

All markers to be visited in sequence (by both team members)
All retirements to be reported as soon as possible. Phone 07845 659 503

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MAC IN A SAC

Mourne Mountain Marathon

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Score Event 2024

MAC IN A SAC

Code	Description	Grid	Points
	Wall meets lane (double gates)	287 219	START
104	N end of crag	283 255	10
109	Wall corner, top of Pigeon Rock	261 250	10
111	Stile at col	291 268	10
124	Stream bend	266 248	10
125	Track junction (vague)	303 258	10
129	Old track bend	254 259	10
130	Quarry hut	295 230	10
131	Wall meets minor road (stile)	270 253	10
142	Track crosses river, bridge	293 242	10
144	Small spur S of track bend/end	294 215	10
145	S most tor, base	245 274	10
146	Stile	292 224	10
149	Large boulder	241 277	10
151	Boulder	242 273	10
156	Fence/river junction, N side	236 272	10
108	Wall at foot of crag	284 260	20
112	Cock, NE top	253 268	20
115	Stream bend, 465m contour	294 278	20
122	Sheepfold, S side of Hare's Gap	322 286	20
127	Re-entrant, top	255 249	20
134	Old track bend, NW most	262 259	20
147	River stream junction	297 239	20
105	Re-entrant above crag line	308 285	30
123	Small crag, base	259 272	30
143	Stream junction	323 279	30
101	3 large boulders in line, middle one, bottom	312 279	40
103	Summit tor, NW base	302 262	40
106	E end of larger crag	332 268	50
118	Stream exits lough	325 243	50
F1	Tapes/signs to finish from 156	235 274	FINISH

Total Points 560

Punch at Finish and Download

Time Limit 6 Hours.
Penalty of 2pts deducted per minute over 6 hours for the first 15 minutes, 5pts per minute deducted thereafter.
Markers to be visited by both team members.
All retirements to be reported as soon as possible. Phone 07845 659 503