



Elite Day 1

29.6km / 1590m

All markers to be visited in sequence (by both team members) except where stated.
All retirements to be reported as soon as possible. Phone 07845 659 503



MOURNE
MOUNTAIN MARATHON
SINCE 1979



Code	START	Description	Grid
117	1	Parnell's Bridge	327 319
116	2	Track junction	332 318
113	Any order	Stile at S end of track	332 309
119	Any order	Re-entrant, N side of small spur	327 303
115	5	Boulder below small spur	336 299
102	6	Base of small SE facing crag	328 289
101	7	Track bend (~50m N of unmarked quarry hut)	300 287
106	8	Stream bend, 465m contour	294 278
123	Any order	Stream bend, inside (i.e. N side)	313 267
114	Any order	Top of gully (Devil's Coach Road)	339 275
126	11	Track end near crag	327 254
146	12	Track junction, NE side of small knoll	346 258
147	13	Base of shallow re-entrant, S most	369 260
144	14	Sheepfold (surrounded by bracken)	374 252
143	15	Old track, NW most bend	367 239
140	16	Track crosses river (ford)	366 234
F1	FINISH	Track junction above field	360 228
		Follow signs/tapes to finish	361 226

Punch at finish and download

Cut-off 17:30



Elite Day 2

20.8km / 1380m

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MOURNE
MOUNTAIN MARATHON
SINCE 1979



Code	START	Description	Grid
137	1	Field	361 226
135	2	Top of Round Seefin	359 231
131	Any order	Wall junctions	358 238
138	Any order	Quarry hut, S most	352 251
125	Any order	Track corner	360 250
121	Any order	Old track junction near wall	346 248
124	Any order	Stream junction	337 281
132	Any order	Boulder ~50m W of track stream junction	341 271
136	Any order	Stile at wall path junction	353 267
134	Any order	E end of crag line, ~700m	359 282
129	11	Top of small crag	356 271
130	12	Lower crag line meets wall	348 300
133	13	Two large boulders	350 306
127	14	On track just N of forest (~10m N of gate)	356 307
118	15	Track junctions, E most	347 314
122	16	(Hore's) Bridge	333 313
111	17	Bridge (actually stepping stones), S side	337 319
F2	FINISH	Track junction just W of stream	326 321
		Follow signs/tapes to back of Mountain Centre	328 322

Punch at finish and download

Cut-off 14:00



B Day 1

21.4km / 1380m

All markers to be visited in sequence (by both team members) except where stated.

All retirements to be reported as soon as possible. Phone 07845 659 503



MOURNE
MOUNTAIN MARATHON
SINCE 1979



MAC
IN A SAC

Code	START	Description	Grid
117	1	Parnell's Bridge	327 319
116	2	Track junction	332 318
114	Any order	Stile at S end of track	332 309
123	Any order	Track end near crag	327 254
103	Any order	Top of gully (Devil's Coach Road)	339 275
126	6	Stream junction	310 273
146	7	Track junction, NE side of small knoll	346 258
145	8	Base of shallow re-entrant, S most	369 260
144	9	Re-entrant at head of stream (marshy)	369 250
143	10	Old track, NW most bend	367 239
140	11	Track crosses river (ford)	366 234
F1	FINISH	Track junction above field	360 228
		Follow signs/tapes to finish	361 226

Punch at finish and download

Cut-off 17:00



B Day 2

18.3km / 1140m

All markers to be visited in sequence (by both team members) except where stated.

All retirements to be reported as soon as possible. Phone 07845 659 503



MOURNE
MOUNTAIN MARATHON
SINCE 1979



MAC
IN A SAC

Code	START	Description	Grid
137	1	Field	361 226
135	2	Top of Round Seefin	359 231
125	3	Wall junctions	358 238
139	4	Old track junction near wall	346 248
132	5	Nice big boulder	360 262
134	6	Stile at wall path junction	353 267
136	Any order	Top of small crag	356 271
128	Any order	E end of crag line, ~700m	359 282
129	9	Top of Castles, E end	347 278
119	10	Lower crag line meets wall	348 300
113	11	Boulder below small spur	336 299
116	12	Re-entrant, N side of small spur	327 303
118	13	Stile at S end of track	332 309
122	14	(Hore's) Bridge	333 313
111	15	Bridge (actually stepping stones), S side	337 319
F2	FINISH	Track junction just W of stream	326 321
		Follow signs/tapes to back of Mountain Centre	328 322

Punch at finish and download

Cut-off 12:30



Code	START
117	1
116	2
113	Any order
119	Any order
115	5
121	6
114	7
112	8
120	9
126	10
131	11
135	12
137	13
140	14
F1	FINISH

Description	Grid
Parnell's Bridge	327 319
Track junction	332 318
Stile at S end of track	332 309
Re-entrant, N side of small spur	327 303
Boulder below small spur	336 299
Base of small SE facing crag	328 289
Stream junction	337 281
Track end near crag	327 254
Boulder	327 247
Track junction	336 250
Track junction, NE side of small knoll	346 258
Quarry hut, S most	352 251
Wall junctions	358 238
Top of Round Seefin	359 231
Track junction above field	360 228
Follow signs/tapes to finish	361 226

Cut-off 18:00

C Day 1

16.5km / 1030m

Punch at finish and download

All markers to be visited in sequence (by both team members) except where stated.

All retirements to be reported as soon as possible. Phone 07845 659 503



MOURNE
MOUNTAIN MARATHON
SINCE 1979



Code	START
143	1
144	2
138	Any order
145	Any order
141	5
139	6
132	7
128	8
129	9
118	10
122	11
111	12
F2	FINISH

Description	Grid
Field	361 226
Track crosses river (ford)	366 234
Old track, NW most bend	367 239
Track corner	360 250
Re-entrant at head of stream (marshy)	369 250
Chimney Rock summit, SW side (Memorial)	364 257
Nice big boulder	360 262
Stile at wall path junction	353 267
Top of Castles, E end	347 278
Lower crag line meets wall	348 300
(Hore's) Bridge	333 313
Bridge (actually stepping stones), S side	337 319
Track junction just W of stream	326 321
Follow signs/tapes to back of Mountain Centre	328 322

Cut-off 13:30

C Day 2

15.6km / 980m

Punch at finish and download

All markers to be visited in sequence (by both team members) except where stated.

All retirements to be reported as soon as possible. Phone 07845 659 503



MOURNE
MOUNTAIN MARATHON
SINCE 1979





www.mourne2day.com

2023

D Day 1

15.9km / 750m

All markers to be visited in sequence (by both team members)

All retirements to be reported as soon as possible. Phone 07845 659 503



MOURNE
MOUNTAIN MARATHON
SINCE 1979



MAC
IN A SAC

Code	START	Description	Grid
109	1	Parnell's Bridge	327 319
105	2	Track junction	323 318
104	3	Track junction (Y junction)	313 315
108	4	Sheepfold by track wall jct., outside NE corner	312 303
110	5	Sheepfold, S side of Hare's Gap	322 286
107	6	N end of reservoir, between rivers	324 272
120	7	Main track junction on col	321 256
126	8	Track junction	336 250
135	9	Track junction, NE side of small knoll	346 258
137	10	Wall junctions	358 238
140	11	Top of Round Seefin	359 231
F1	FINISH	Track junction above field	360 228
		Follow signs/tapes to finish	361 226

Punch at finish and download

Cut-off 17:30

Code	START	Description	Grid
143	1	Field	361 226
144	2	Track crosses river (ford)	366 234
138	3	Old track, NW most bend	367 239
132	4	Track corner	360 250
142	5	Stile at wall path junction	353 267
133	6	Stream junction below Ice House	364 295
127	7	On track just N of forest (~10m N of gate)	356 307
118	8	Track junctions, E most	347 314
122	9	(Hore's) Bridge	333 313
111	10	Bridge (actually stepping stones), S side	337 319
F2	FINISH	Track junction just W of stream	326 321
		Follow signs/tapes to back of Mountain Centre	328 322

16.3km / 710m

All markers to be visited in sequence (by both team members)

All retirements to be reported as soon as possible. Phone 07845 659 503



MOURNE
MOUNTAIN MARATHON
SINCE 1979



MAC
IN A SAC

Punch at finish and download

Cut-off 12:30

Mourne Mountain Marathon



**Score
Event
2023**

**MAC
IN A SAC**

Code	Description	Grid	Points
	Parnell's Bridge	327 319	START
104	Sheepfold by track wall jct., outside NE corner	312 303	10
105	Track junction (Y junction)	313 315	10
106	Stream bend, inside (i.e. N side)	313 267	10
107	Main track junction on col	321 256	10
108	Sheepfold, S side of Hare's Gap	322 286	10
109	Track junction	323 318	10
112	Boulder	327 247	10
114	Track end near crag	327 254	10
116	Stile at S end of track	332 309	10
117	Track junction	332 318	10
119	Boulder below small spur	336 299	10
121	Stream junction	337 281	10
123	Top of gully (Devil's Coach Road)	339 275	10
126	Track junction, NE side of small knoll	346 258	10
135	Wall junctions	358 238	10
137	Top of Round Seefin	359 231	10
140	Track junction above field	360 228	10
143	Track crosses river (ford)	366 234	10
144	Old track, NW most bend	367 239	10
145	Re-entrant at head of stream (marshy)	369 250	10
102	Track bend (~50m N of unmarked quarry hut)	300 287	20
103	Stream junction	310 273	20
113	Re-entrant, N side of small spur	327 303	20
115	Base of small SE facing crag	328 289	20
120	Track junction	336 250	20
146	Base of shallow re-entrant, S most	369 260	20
101	Stream bend, 465m contour	294 278	30
131	Quarry hut, S most	352 251	30
147	Sheepfold (surrounded by bracken)	374 252	30
110	N end of reservoir, between rivers	324 272	40
F1	Tapes/signs to finish from 140 Punch at Finish and Download	361 226	FINISH

Total Points 450

Time Limit 6 Hours.

**Penalty of 2pts deducted per minute over 6 hours for the first 15 minutes,
5pts per minute deducted thereafter.**

Markers to be visited by both team members.

All retirements to be reported as soon as possible. Phone 07845 659 503