



Elite Day 1

26.8km / 1570m

All markers to be visited in sequence (by both team members) except where stated.
All retirements to be reported as soon as possible. Phone 07845 659 503



No	Code	Description	Grid	Ht(m)	Leg
H56	START	Wall meets minor road (stile)	270 253	370	Distance Climb
R61	147	Boulder/small tor, SW side	235 247	380	
H10	144	Stream junction	249 259	310	
P37	141	Track junction	265 227	350	
H42	140	Wall bend, N side	266 253	450	
P36	139	Boulder(s) below small crag	267 241	380	
P33	138	Small crag, base	267 247	400	
H80	137	Between roads, just N of Y junction	271 253	370	11.3 520
K32	133	Small pond, NE most	280 246	610	1.3 250
B43	116	Boulder	320 267	280	5.3 130
L62	110	Track bend	334 254	320	3.2 310
N79	111	Small loop in southmost stream branch	328 246	300	1.1 10
N36	118	Track junction	314 227	340	2.7 330
V74	119	Slight wall bend at 315m contour, W side	312 216	315	1.1 20
V09	120	Stile	308 213	150	0.6 0
V30	F1	FINISH	307 214	140	0.2 0

Punch at finish and download



Elite Day 2

24.5km / 1350m

All markers to be visited in sequence (by both team members) except where stated.
All retirements to be reported as soon as possible. Phone 07845 659 503



No	Code	Description	Grid	Ht(m)	Leg
V78	START	Track bend 100m W of stile (Memorial)	307 213	130	Distance Climb
V77	122	Wall W of track bend (large stile)	302 210	160	0.9 30
V76	123	Track wall junction (stile)	297 222	260	1.3 100
V75	124	Subsidiary top	294 230	385	0.9 130
V71	126	Any order	Small pond E of river, NE most	289 234	250 0.8 0
K36	129	Any order	Small pond just W of river	287 233	240 0.3 0
V79	127	Any order	Small pond	288 231	240 0.2 10
K34	135	7	Boulder just W of re-entrant	277 231	340 1.2 110
K35	134	8	NE base of crag	279 242	590 1.2 250
K23	130	9	Boulder below gully in cliff	283 254	540 1.4 30
V42	121	10	NE base of summit tor	302 262	570 2.3 180
C36	107	Any order	Small crag, base	344 292	540 6 270
D08	106	Any order	Wall path junction, stile	353 267	530 2.9 210
D33	103	13	Track forest junction, stile (actually a gate)	375 291	190 3.5 30
D36	101	14	Track junction (bottom of Bogie Line)	379 295	50 0.6 0
D35	104	15	Track (end), at stream	374 298	50 0.6 0
D37	F2	FINISH	Follow tapes to finish	374 302	20 0.4 0

Punch at finish and download



B Day 1

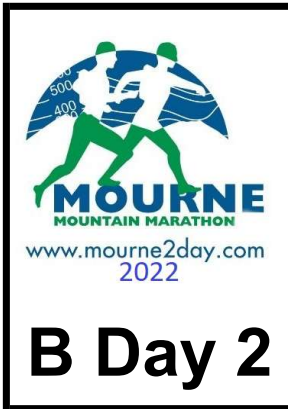
22.0km / 1240m

All markers to be visited in sequence (by both team members) except where stated.
All retirements to be reported as soon as possible. Phone 07845 659 503



No	Code	Description	Grid	Ht(m)	Leg
H56		START			
R61	147	Any order	270 253	370	Distance Climb
R14	146	Any order	235 247	380	
H10	144	Any order	246 236	410	
H42	140	Any order	249 259	310	
P36	139	Any order	266 253	450	
P33	138	Any order	267 241	380	
H80	137	7	267 247	400	
K32	133	8	271 253	370	9.9 500 Cut-off 15:00
B04	117	9	280 246	610	1.3 250
N76	114	10	315 254	250	4.4 40
V74	119	11	325 229	510	3.6 400
V09	120	12	312 216	315	2 50
V30	F1	FINISH	308 213	150	0.6 0
		Follow tapes to finish at building	307 214	140	0.2 0

Punch at finish and download



B Day 2

20.4km / 1220m

All markers to be visited in sequence (by both team members) except where stated.
All retirements to be reported as soon as possible. Phone 07845 659 503



No	Code	Description	Grid	Ht(m)	Leg
V78		START			
V77	122	1	307 213	130	Distance Climb
V76	123	2	302 210	160	0.9 30
V71	126	Any order	297 222	260	1.3 100
K36	129	Any order	289 234	250	1.7 40
K35	134	5	287 233	240	0.3 0
K23	130	6	279 242	590	1.3 350
V42	121	7	283 254	540	1.4 30
L08	109	8	302 262	570	2.3 180
D08	106	9	336 274	500	4.2 290
D33	103	10	353 267	530	1.9 170 Cut-off 16:30
D36	101	11	375 291	190	3.5 30
D35	104	12	379 295	50	0.6 0
D37	F2	FINISH	374 298	50	0.6 0
		Follow tapes to finish	374 302	20	0.4 0

Punch at finish and download



C Day 1

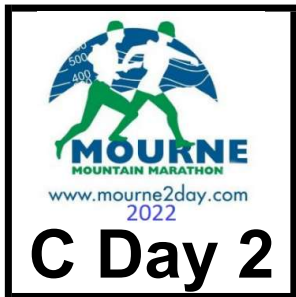
17.5km / 920m

All markers to be visited in sequence (by both team members) except where stated.
All retirements to be reported as soon as possible. Phone 07845 659 503



No	Code	Description	Grid	Ht(m)	Leg
H56	START	Wall meets minor road (stile)	270 253	370	Distance Climb
R61	147	Boulder/small tor, SW side	235 247	380	
R14	146	Col at Windy Gap (stile)	246 236	410	
H20	145	Track junction	246 255	290	
H42	140	Wall bend, N side	266 253	450	
P36	139	Boulder(s) below small crag	267 241	380	
P33	138	Small crag, base	267 247	400	
H80	137	Between roads, just N of Y junction	271 253	370	9.6 500
K32	133	Small pond, NE most	280 246	610	1.3 250
K33	136	Knoll on ridge	276 238	595	0.9 10
K27	132	Sheepfold	280 233	320	0.7 0
K36	129	Small pond just W of river	287 233	240	0.7 0
V71	126	Small pond E of river, NE most	289 234	250	0.3 10
V75	124	Subsidiary top	294 230	385	0.8 140
V76	123	Track wall junction (stile)	297 222	260	0.9 0
V77	122	Wall W of track bend (large stile)	302 210	160	1.3 0
V30	F1	Follow tapes to finish at building	307 214	140	1 10

Punch at finish and download



C Day 2

15.7km / 960m

All markers to be visited in sequence (by both team members) except where stated.
All retirements to be reported as soon as possible. Phone 07845 659 503



No	Code	Description	Grid	Ht(m)	Leg
V78	START	Track bend 100m W of stile (Memorial)	307 213	130	Distance Climb
V74	119	Slight wall bend at 315m contour, W side	312 216	315	0.7 190
N36	118	Track junction	314 227	340	1.1 60
N76	114	Quarry hut at end of track	325 229	510	1.1 170
L11	113	Base of slabs, S end	325 261	560	3.8 310
D08	106	Wall path junction, stile	353 267	530	3.9 200
D33	103	Track forest junction, stile (actually a gate)	375 291	190	3.5 30
D36	101	Track junction (bottom of Bogie Line)	379 295	50	0.6 0
D35	104	Track (end), at stream	374 298	50	0.6 0
D37	F2	Follow tapes to finish	374 302	20	0.4 0

Punch at finish and download



D Day 1

16.1km / 700m

All markers to be visited in sequence (by both team members)

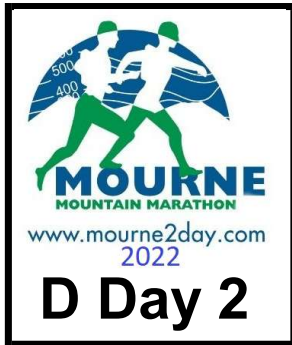
All retirements to be reported as soon as possible. Phone 07845 659 503



No	Code	Description	Grid	Ht(m)	Leg
H56	START	Wall meets minor road (stile)	270 253	370	Distance Climb
H42	140	1	266 253	450	0.5 80
P04	142	2	261 250	534	0.6 90
P30	143	3	255 242	390	1.1 0
H20	145	4	246 255	290	1.6 0
H10	144	5	249 259	310	0.5 20
H80	137	6	271 253	370	2.5 100
K11	131	7	281 250	670	1 310
K10	128	8	288 260	585	1.5 60
V14	125	9	292 235	280	2.8 10
V76	123	10	297 222	260	1.7 20
V77	122	11	302 210	160	1.3 0
V30	F1	FINISH	307 214	140	1 10

Punch at finish and download

Cut-off 14:00



D Day 2

15.2km / 830m

All markers to be visited in sequence (by both team members)

All retirements to be reported as soon as possible. Phone 07845 659 503



No	Code	Description	Grid	Ht(m)	Leg
V78	START	Track bend 100m W of stile (Memorial)	307 213	130	Distance Climb
V74	119	1	312 216	315	0.7 190
N82	115	2	324 224	315	1.6 50
N74	112	3	329 239	430	2.1 200
A01	108	4	341 251	250	1.9 30
D08	106	5	353 267	530	2.4 280
C94	105	6	356 290	320	2.8 50
D33	103	7	375 291	190	2.1 30
D36	101	8	379 295	50	0.6 0
D35	104	9	374 298	50	0.6 0
D37	F2	FINISH	374 302	20	0.4 0

Punch at finish and download

Cut-off 15:00