



# MOURNE MOUNTAIN MARATHON

## Parental Consent Form 2020



The Mourne Mountain Marathon (MMM) is a 2 day mountain navigation race. Competitors work in teams of 2 and have to be completely self-sufficient for the two days in all aspects of hill walking including food, camping gear, navigation and safety. Only fresh water, toilets and rubbish disposal are provided at the overnight camp. Mountain areas in Britain and Ireland can have very unpredictable and severe weather and the terrain can be very difficult.

- Juniors (**16-17yrs old** on day 1 of the event) may enter the C, D or Score class of the event provided they are partnered by a person over 21yrs old (Senior partner) who is their parent or guardian. These teams will be referred to as **Parent-Junior (PJ)**.
- The Senior partner must have successfully completed at least 2 previous mountain marathon courses of similar distance and climb and have recent navigational and mountain skills experience OR have significant recent mountain skills experience.\*
- The Junior must have good navigational and mountain skills experience.\*

It is important to understand that an accident can happen to anyone and in the event that the Senior partner is injured or loses consciousness, the Junior partner will have to take steps to keep both of them safe.

It is not unusual for teams to fail to make the overnight camp on the first day if conditions are bad or they lose time through navigational mistakes. Competitors are expected to be able to cope with these situations and to make the right decisions for their own safety. Therefore, the MMM will not call out rescue services unless an accident is reported. However, overdue teams should report their status to the MMM via mobile phone, another team or a Marshall if it is possible and safe to do so.

- Retiring teams **MUST** report to the MMM when they are safely off the mountain.
- As an additional safety feature, **PJ teams are required to carry a mobile phone.**
- PJ teams will be vetted for experience before their entry is accepted.
- All PJ teams will be gear checked.

\*Examples of the sorts of skills and experience we are looking for are:

For seniors, mountain skills experience will range from regular hill walking and proficiency with map and compass navigation in bad conditions up to winter and alpine mountaineering experience for those who have not done any mountain marathons. Someone who did a couple of MMMs ten years ago and has barely been in the hills since would not be suitable.

For juniors, navigational and mountain skills should be experience such as regular orienteering and hill walking, Duke of Edinburgh awards, or higher degrees of mountaineering with youth groups including experience in poor conditions, map and compass navigation etc.

Competitors are responsible for ensuring they are fit and experienced enough for an event of this nature and must take responsibility for their own safety and actions throughout. Acceptance of any entry to the event should not be taken as an assessment of your fitness to do it on the day.

# **Mourne Mountain Marathon Parental Consent Form 2020**

Valid until 31<sup>st</sup> December 2020

I am the parent or guardian of ..... and I consent to and take full responsibility for his/her participation in the Mourne Mountain Marathon.

I have completed the following two mountain marathons (or similar events):

Event 1 ..... Year ..... Class .....

Event 2 ..... Year ..... Class .....

... and/or I have significant mountain skills experience as follows:

.....  
.....

My son/daughter has the following navigational and mountain skills experience:

.....  
.....

I understand that this event is held in accordance with the Rules and Safety Requirements of the Fell Runners Association (FRA) and that activities are carried out in accordance with the [FRA Welfare Policy](#). I have read and accept the [FRA Rules for Runners](#) and those specific to the MMM as published and linked to on the website [www.mourne2day.com](http://www.mourne2day.com). I confirm that both my child and I will abide by these rules and the directions of the organisers during the event.

I accept full responsibility for my child's safety and behaviour during the event. I know his/her limitations and I can confirm that we have chosen a course that is suited to his/her ability.

I accept that neither the Race Organiser, the FRA nor any related organisations shall be liable to us for any injury, loss or damage of any nature to us or our property arising out of my participation in this event (other than in respect of death or personal injury as a result of their negligence).

I understand that photographs will be taken at the event by the organisers and other competitors and that it is normal practice for pictures and names of competitors to be published within the MMM website and related platforms. The MMM will do this in accordance with FRA Welfare policy and I will notify the MMM if I have any concerns with this.

In the event of any illness or accident during these activities and where I am unable to give consent myself, I hereby consent to any necessary medical treatment being administered to my child, including anaesthetics.

We will be fully prepared for the worst foreseeable conditions and will have a safety plan to cover the eventuality that I (the parent/guardian) become injured. I understand that the competition area is very isolated and can be exposed to unpredictable and severe weather.

Signature ..... Print Name .....

Relationship ..... Junior's Date of Birth .....

Emergency Contact Name ..... & Phone Number .....

**Notes: Please complete this form after making your online entry** and post it to: **Mourne Mountain Marathon, 47 Killinchy Road, Comber, Co Down, BT23 5LU**. You may also photograph the form and email it to us at [mmmadmin@mourne2day.com](mailto:mmmadmin@mourne2day.com). Once your entry has been approved you will receive and email from SI Entries inviting you to complete the Entry process and pay.

## *Data Protection and Your Privacy*

The personal data which you have submitted on this consent form will be maintained for legitimate purposes of organising the Mourne Mountain Marathon. Please read the full [Privacy Statement on our website](#)