



ELITE

Day 1

28.4km / 1580m

All markers to be visited in sequence (by both team members) except where stated.
All retirements to be reported as soon as possible. Phone 07711 118035



Lowe Alpine

Mourne Mountain Marathon 2014



Code	START	Description	Grid
100	1	Gate at bottom of field	194 158
114	Any order	Top of field	195 161
125	Any order	Cloughmore stone, N side	191 172
102	4	Track meets fence/wall	198 167
131	5	Fence corner/junction	202 181
119	6	Bend in old track	207 179
103	7	River stream junction	222 191
139	8	Re-entrant	234 195
135	9	Top of long re-entrant	245 215
106	10	Top of small crag	256 245
105	Any order	Stile, Deer's Meadow	270 253
104	Any order	Boulder, SE most	284 256
133	Any order	NW corner of scree field	280 242
106	14	Stream at base of broken rocky band	272 248
107	15	Stile, Deer's Meadow	270 253
145	Any order	Base of shallow re-entrant, N of knoll	264 242
134	Any order	Quarry, foot of quarried face	266 231
108	18	Top of crag	260 227
115	19	Rocky top, SW side	266 216
129	20	Wall meets river	262 212
		Gate on track	263 209
		FINISH Follow tapes to finish at overnight camp	263 207
		Punch and download	



ELITE

Day 2

23.0km / 1130m

All markers to be visited in sequence (by both team members) except where stated.
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Lowe Alpine

Mourne Mountain Marathon 2014



Code	START	Description	Grid
128	Any order	Gate on track	263 209
121	Any order	Knoll, S side	255 222
137	Any order	Top of broad knoll on shoulder	253 215
130	4	Stream bend	252 199
116	5	Stream junction, N most	231 227
140	Any order	Re-entrant	220 206
141	Any order	S end of firebreak, E side	202 187
142	Any order	Sharp re-entrant, minor contour	206 188
143	Any order	E corner of rectangular plantation	206 184
131	10	Top of knoll	203 185
117	11	Bend in old track	207 179
123	12	Small re-entrant, index contour	203 169
122	13	Track junction	213 168
124	14	Knockshee summit	221 160
111	15	Old wall crosses re-entrant	218 160
110	Any order	Track bend	212 166
109	Any order	Re-entrant, upper part	200 165
112	18	Re-entrant, W most	202 161
		Corner of forest (stile)	196 161
		FINISH Follow tapes to finish at bottom of field	192 158
		Punch, you've finished, follow signs to download at Centre	

B

Day 1

Code	START	Description	Grid
100	1	Gate at bottom of field	194 158
114	Any order	Top of field	195 161
125	Any order	Cloughmore stone, N side	191 172
102	4	Track meets fence/wall	198 167
131	5	Fence corner/junction	202 181
119	6	Bend in old track	207 179
103	7	River stream junction	222 191
127	8	Re-entrant	234 195
107	9	Top of spur	242 235
145	Any order	Base of shallow re-entrant, N of knoll	264 242
134	Any order	Quarry, foot of quarried face	266 231
108	12	Top of crag	260 227
115	13	Rocky top, SW side	266 216
129	14	Wall meets river	262 212
		Gate on track	263 209
		FINISH Follow tapes to finish at overnight camp	263 207

21.3km / 1090m

All markers to be visited in sequence (by both team members)
All retirements to be reported as soon as possible. Phone 07711 118035



Lowe Alpine Mourne Mountain Marathon 2014



B

Day 2

Code	START	Description	Grid
130	1	Gate on track	263 209
116	2	Stream junction, N most	231 227
140	Any order	Re-entrant	220 206
141	Any order	S end of firebreak, E side	202 187
142	Any order	Sharp re-entrant, minor contour	206 188
143	Any order	E corner of rectangular plantation	206 184
131	7	Top of knoll	203 185
117	8	Bend in old track	207 179
123	9	Small re-entrant, index contour	203 169
122	10	Track junction	213 168
124	11	Knockshee summit	221 160
111	12	Old wall crosses re-entrant	218 160
109	Any order	Track bend	212 166
110	Any order	Re-entrant, W most	202 161
112	15	Re-entrant, upper part	200 165
		Corner of forest (stile)	196 161
		FINISH Follow tapes to finish at bottom of field	192 158
		Punch, you've finished, follow signs to download at Centre	

19.1km / 1110m

All markers to be visited in sequence (by both team members)
All retirements to be reported as soon as possible. Phone 07711 118035



Lowe Alpine Mourne Mountain Marathon 2014



C

Day 1

Code	START	Description	Grid
100	1	Gate at bottom of field	194 158
113	2	Top of field	195 161
114	3	Track junction, SE most	188 169
125	4	Cloughmore stone, N side	191 172
102	5	Track meets fence/wall	198 167
119	6	Fence corner/junction	202 181
103	7	River stream junction	222 191
130	8	Re-entrant	234 195
127	9	Stream junction, N most	231 227
121	Any order	Top of spur	242 235
128	Any order	Top of broad knoll on shoulder	253 215
129	12	Knoll, S side	255 222
		Gate on track	263 209
		FINISH Follow tapes to finish at overnight camp	263 207
		Punch and download	

19.1km / 940m

All markers to be visited in sequence (by both team members)
All retirements to be reported as soon as possible. Phone 07711 118035



Lowe Alpine Mourne Mountain Marathon 2014



C

Day 2

14.6km / 700m

All markers to be visited in sequence (by both team members)

All retirements to be reported as soon as possible. Phone 07711 118035



Code	START	Description	Grid
138	Any order	Gate on track	263 209
120	Any order	Track junction	239 199
116	3	Stream bend (map corr), past track end	238 208
140	4	Re-entrant	220 206
143	5	S end of firebreak, E side	202 187
131	6	Top of knoll	203 185
123	7	Bend in old track	207 179
111	8	Track junction	213 168
126	9	Track bend	212 166
110	10	Track stream junction	206 171
112	11	Re-entrant, upper part	200 165
		Corner of forest (stile)	196 161
		FINISH Follow tapes to finish at bottom of field	192 158

Punch, you've finished, follow signs to download at Centre

Cut-off 15:00



Lowe Alpine

Mourne Mountain Marathon 2014

D

Day 1

18.5km / 730m

All markers to be visited in sequence (by both team members)

All retirements to be reported as soon as possible. Phone 07711 118035



Code	START	Description	Grid
100	1	Gate at bottom of field	194 158
113	2	Top of field	195 161
114	3	Track junction, SE most	188 169
101	4	Cloughmore stone, N side	191 172
118	5	Bridge at track bend	196 177
119	6	Track bend	204 200
130	7	River stream junction	222 191
132	8	Stream junction, N most	231 227
115	9	Stile at Windy Gap	246 236
129	10	Wall meets river	262 212
		Gate on track	263 209
		FINISH Follow tapes to finish at overnight camp	263 207

Punch and download

Cut-off 12:00

Cut-off 15:00



Lowe Alpine

Mourne Mountain Marathon 2014

D

Day 2

12.7km / 730m

All markers to be visited in sequence (by both team members)

All retirements to be reported as soon as possible. Phone 07711 118035



Code	START	Description	Grid
137	1	Gate on track	263 209
120	2	Stream bend	252 199
136	3	Stream bend (map corr), past track end	238 208
138	4	Finlieve cairn (100m S of true top)	236 203
144	5	Track junction	239 199
119	6	Path stream junction	234 187
131	7	River stream junction	222 191
102	8	Bend in old track	207 179
125	9	Fence corner/junction	202 181
112	10	Track meets fence/wall	198 167
		Corner of forest (stile)	196 161
		FINISH Follow tapes to finish at bottom of field	192 158

Punch, you've finished, follow signs to download at Centre

Cut-off 14:30



Lowe Alpine

Mourne Mountain Marathon 2014