| Day 1 | Code 101 102 103 104 105 106 107 108 109 110 | START <br> 1 <br> 2 <br> 3 <br> 4 <br> 5 <br> 6 <br> 7 <br> 8 <br> 9 <br> 10 | Track junction Path junction Hill top, north-west side Bend in river, middle Summit Ben Crom, north-west side Manned - Blue Lough, east side Wall corner, north-east side Stream bend Track bend Wall corner, north most, west side Track/wall junciton, north side | 304 213 <br> 302 210 <br> 291 223 <br> 307 261 <br> 312 260 <br> 305 274 <br> 330 291 <br> 327 300 <br> 318 294 <br> 297 287 <br> 293 294 | Cut-off time 15.30 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $16.5 \mathrm{~km} / 1110 \mathrm{~m}$ |  | ish | Follow tapes 200m to finish |  |  |

All markers to be visited in sequence (by both team members)
All retirements to be reported to start/finish as soon as possible. Phone 07901743051


| Day 2 | $\begin{aligned} & \hline \text { Code } \\ & 120 \\ & 126 \\ & 127 \\ & 128 \\ & 129 \\ & 130 \\ & 131 \end{aligned}$ | START 1 2 3 4 5 6 7 | Track junction Reentrant <br> Stream junction <br> Stream junction <br> Manned - Hares Castle crag, SW foot Binnian Lough, west most edge Crag foot, north end Wall corner, west side | 293293 <br> 292289 <br> 321276 <br> 330282 <br> 344254 <br> 324242 <br> 316225 <br> 308 | Cut-off time 15.30 J J |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 21.6km / 1110m |  |  | Follow tapes 200m to finish |  |  |

All markers to be visited in sequence (by both team members)
All retirements to be reported to start/finish as soon as possible. Phone 07901743051

## Mourne Mountain Marathon 2005



| Day 1 | $\begin{gathered} \hline \text { Code } \\ 111 \\ 112 \\ 105 \\ 113 \\ 114 \\ 115 \\ 118 \\ 119 \\ 121 \\ 120 \\ 110 \\ \hline \end{gathered}$ | START 1 2 3 4 5 6 7 8 9 10 11 | Track junction Spur, on top of Spur (390m contour) <br> Manned - Blue Lough, east side Reentrant, bottom part <br> Manned - Spur of Leganabruchan, top part <br> Path junction <br> Reentrant, bottom part <br> Manned - Stream junction Stream bend, north side Reentrant <br> Track/wall junciton, north side | 304 213 <br> 299 224 <br> 299 233 <br> 305 274 <br> 332 296 <br> 374 279 <br> 360 267 <br> 361 258 <br> 355 251 <br> 339 261 <br> 292 289 <br> 293 294 | Cut-off time 15.30 <br> Cut-off time 15.30 <br> Cut-off time 15.30 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 26.0km / 1110m |  |  | llow tapes 200m to finish |  |  |

All markers to be visited in sequence (by both team members)
All retirements to be reported to start/finish as soon as possible. Phone 07901743051


| Day 2 | $\begin{gathered} \hline \text { Code } \\ 133 \\ 109 \\ 134 \\ 104 \\ 107 \\ 106 \\ 129 \\ 135 \\ 137 \\ 131 \\ \hline \end{gathered}$ | START <br> Any order <br> Any order <br> Any order <br> Any order <br> Any order $\begin{gathered} 6 \\ 7 \\ 8 \\ 9 \\ 10 \end{gathered}$ | Track junction Stream bend <br> Wall corner, north most, west side Track/stream junction, west most Summit Ben Crom, north-west side <br> Stream bend <br> Manned - Wall corner, north-east side Binnian Lough, west most edge <br> Hill top <br> Crag foot, west end <br> Wall corner, west side | 293 293 <br> 305 297 <br> 297 287 <br> 284 275 <br> 312 260 <br> 327 300 <br> 330 291 <br> 324 242 <br> 326 231 <br> 321 227 <br> 308 214 | Cut-off time 15.30 <br> J J J |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $21.6 \mathrm{~km} / 1110 \mathrm{~m}$ |  |  | Follow tapes 200m to finish |  |  |
| JJ For official use <br> All markers to be visited in sequence (by both team members) except where stated All retirements to be reported to start/finish as soon as possible. Phone 07901743051 <br> Mourne Mountain Marathon 2005 |  |  |  |  |  |


|  | Code | START | Track junction | 304213 |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 101 | 1 | Path junction | 302210 |  |
|  | 122 | 2 | Crag foot | 290230 |  |
|  | 123 | 3 | Summit Slievenaglogh | 298230 |  |
|  | 124 | 4 | Manned - summit Slievenaglogh | 327291 | Cut-off time 15.30 |
| OURNE | 113 | 5 | Reentrant, bottom part | 332296 |  |
|  | 114 | 6 | Manned - Spur of Leganabruchan, top part | 374279 | Cut-off time 15.30 |
|  | 115 | 7 | Path junction | 360267 |  |
| Elite | 116 | 8 | Crag foot | 348264 |  |
|  | 117 | 9 | Crag, north side | 348272 |  |
| lasS | 118 | 10 | Reentrant, bottom part | 361258 |  |
|  | 119 | 11 | Manned - Stream junction | 355251 | Cut-off time 15.30 |
| Day 1 | 125 | 12 | Crag, north-west end | 293288 |  |
| Day 1 | 110 | 13 | Track/wall junction, north side | 293294 |  |

All markers to be visited in sequence (by both team members)
All retirements to be reported to start/finish as soon as possible. Phone 07901743051


## Mourne Mountain Marathon 2005



