

Grid
194158
195161
191172
198167
202181
207179
222191
234195
245215
256245
270253
284256
280242
272248
270253
264242
266231
260227
266216
262212
263209
263207

Cut-off 11:30

Cut-off 13:00

Cut-off 16:00

Cut-off 18:00
28.4km / 1580m

All markers to be visited in sequence (by both team members) except where stated.
All retirements to be reported as soon as possible. Phone 07711118035


## Lowe Alpine

Mourne Mountain Marathon 2014

23.0km / 1130m

## Description

Gate on track
Knoll, S side
Top of broad knoll on shoulder
Stream bend Stream junction, N most

Re-entrant S end of firebreak, E side
Sharp re-entrant, minor contour
E corner of rectangular plantation
Top of knoll
Bend in old track
Small re-entrant, index contour
Track junction
Knockshee summit
Old wall crosses re-entrant
Track bend
Re-entrant, upper part
Re-entrant, W most
Corner of forest (stile)
Follow tapes to finish at bottom of field
Punch, you've finished, follow signs to download at Centr

All markers to be visited in sequence (by both team members) except where stated
All retirements to be reported as soon as possible. Phone 07711118035


Mourne Mountain Marathon 2014

